



Weekly Menu

Cafe Rowan May 5th- 9th

Monday

entrée: Beef Barbacoa

entrée: Pork Carnitas

side items: Spanish Rice, Frijoles Puercos (piggy beans)

side items: Zucchini & Tomatoes, Green Beans, Churros

exhibition Carne Asada Street Tacos

soup: Southwest Tortilla, Soup of the Day

Tuesday

entrée: Pasta with Meat Sauce

entrée: Roasted Pork Loin

side items: Rice Pilaf, Garlic Bread

side items: Green Peas, Corn on the Cobb

side items: Squash & Red Pepper

exhibition Mediterranean Power Bowl

soup: Chicken Noodle, Soup of the Day

Wednesday

entrée: Chicken Thigh with Bourbon Sauce

entrée: Cajun Lime Tilapia

side items: White Rice

side items: Roasted Potatoes, Braised Cabbage

side items: Cobbler

exhibition Bread Bowl with Broccoli Cheddar Soup

soup: Chicken White Bean Chili & Soup of the Day

Thursday

entrée: Cajun Chicken Alfredo

entrée: Country Fried Steak with Onion

side items: Steamed Broccoli, Country Gravy

side items: Mashed Potato, Carrots

side items: Garlic Bread

exhibition Loaded Mac and Cheese Bowl

soup: Tomato Gouda, & Soup of the Day

Friday

entrée: Dijon Crusted Cod

entrée: BBQ Pulled Pork

side items: Turnip Greens

side items: Baked Beans, Mac & Cheese

side items: Cobbler

exhibition Wings Stop - Drums & Flats

soup: New England Clam Chowder, Soup of the Day

Saturday

entrée	Chef Special
entrée	Chef Special
sides	Chef Special
sides	Chef Special

Sunday

entrée	Chef Special
entrée	Chef Special
sides	Chef Special
sides	Chef Special

*Menu is subject to change due to availability.

Week 1